

**CPAP/BiPAP Questionnaire & Patient Assessment  
to be completed by setup technician**

Patient Name: \_\_\_\_\_

1. Have you had a Sleep Study Performed? If Yes, Date performed and Sleep Lab, If No is one pending? Date, Lab.

Yes, was on \_\_\_/\_\_\_/\_\_\_\_\_  Home Study  No study (stop & schedule with Dr)  Facility based study

AHI / RDI \_\_\_\_\_ Who was the doctor that ordered the sleep study? \_\_\_\_\_

Are progress notes or a History & Physical report on file at the time of setup that indicated reasons why the study was ordered?

Yes  No (if no, these notes must be obtained prior to setting up a Medicare patient up on the PAP device.)

Who was the physician interpreting the study? \_\_\_\_\_

(if a Medicare patient and study was a home study the interpreting Dr must be board certified in sleep)

2. If yes to above question, what type of mask was used in your sleep study CPAP titration, (if titration performed)

Standard Nasal Mask  Full Face Mask  Nasal Pillows System  Other \_\_\_\_\_

3. Do you have frequent problems with stuffed up sinuses or nasal passages.  Yes  No

4. Do you wear either upper or lower dentures? Which?  Upper Dentures  Lower Dentures  None

5. Do you ever experience claustrophobia?  Yes  No

6. Do you ever wake up in the middle of the night and have a very dry throat?  Yes  No

7. Do you sleep with your mouth open?  Yes  No  Not Sure

8. Do you drink coffee, tea, soft drinks during the day? (How many)  Yes # \_\_\_\_\_  None

9. Do you ever experience dry sinuses or nasal passages?  Yes  No

10. Do you wear eyeglasses and read in bed?

Yes, I wear glasses but do not read in bed  I do read in bed with glasses  No glasses

11. Have you ever been diagnosed with a deviated septum or similar upper airway abnormality? Did you have corrective surgery?

Yes, but have never had surgery for correction  Yes, but had corrective surgery  No

12. Do you often nap during the day?  Often  Occasionally  Seldom  Never

13. Does cold room air while you are sleeping bother you? Which air temperature do you best like to breath?

Yes, I prefer warm air at night  No, I like the air to be cold  I prefer a moderate temperature

14. Which sleeping position do us usually use? Most of the time I sleep on my-  Stomach  Back  Side

15. Do you have an electrical outlet in the area where you sleep (within 4 feet)?  Yes  No  Have an outlet but not nearby

16. Do you have a night stand or bedside table near your bed or sleeping area?  Yes  No

**Medicare patients only:**

17. Patient has received instruction about having PAP downloaded and a physician follow up visit performed between the 31<sup>st</sup> and 91<sup>st</sup> day of therapy to ensure continued coverage of PAP therapy.  Yes  No

Follow up in our office set for \_\_\_\_\_ Physician Follow up appointment set up for \_\_\_\_\_

(if an appointment has not been set with the physician at the time of setup, inform the patient that one is required; instruct them to set an appointment date with their prescribing physician as soon as possible. Coordinate care with the physician's office by letting them know that the patient must have a follow up visit between the 31<sup>st</sup> and 91<sup>th</sup> day following setup preferably in the 5 weeks).

18. Patient has been instructed on how to download data to smart card?  Yes  No  Patient will come in date above

19. Patient is aware that they must use equipment a minimum of 4 hours per night 21 out of 30 days during the initial 12-week period and has been given an applicable compliance letter?  Yes  No (if no mail the patient a letter immediately)