



**BASIC LESSONS  
FOR UNDERSTANDING  
EQUIPMENT**



***Wall Grab Bars***

Model #: \_\_\_\_\_  
Serial #: \_\_\_\_\_  
Date: \_\_\_\_\_

Provider Name: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
Contact Person: \_\_\_\_\_

**Setting up your equipment:**

- Your provider may or may not install your wall grab bar for you. If they do not, they can refer you to a qualified professional to install it for you. You will need to help them determine the best position for installation.

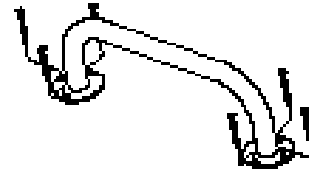
**Using your equipment:**

- Make sure to grasp the bar firmly before stepping off with your weak side.
- Do not let go of your grab bar until you are in a stable position and no longer require it for balance.

**Maintenance & Replacement Items:**

- If you notice any cracks or breakage in your grab bar, contact your provider.
- Clean grab bar periodically with an appropriate bathroom cleaner.

**Diagram 1**



**Safety Issues:**

- Do not use grab bar to support your full body weight. It is designed only to assist in small movements.
- Always be aware of wet surfaces that could cause you to slip. Position your grab bar to prevent a fall in this instance.
- Do not allow children to pull or hang on the grab bar, this will loosen the bar's mounting and may prevent it from properly supporting the intended user.

**Please contact your equipment provider for any questions, adjustments, or repairs.**

Your local provider:



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