



BASIC LESSONS  
FOR UNDERSTANDING  
EQUIPMENT



*Phototherapy Bed*

Model #: \_\_\_\_\_

Provider Name: \_\_\_\_\_

Serial #: \_\_\_\_\_

Phone #: \_\_\_\_\_

Date: \_\_\_\_\_

Contact Person: \_\_\_\_\_

**Setting up your equipment:**

- Remove mattress from the baby's crib or bassinet.
- Place the phototherapy bed in the baby's crib or bassinet.
- Insert the power cord and start/stop switch through the openings in the base of the crib. If there are no openings in the base, pass the power cord over the edge of the crib at its foot.
- Connect the power cord to a 3-pronged grounded outlet.
- To install the baby support, place it on top of the light so that the two twin strips of Velcro are next to the drawing of the baby's head on the light unit.
- **Important:** The baby support must be positioned exactly to ensure that the baby is in the correct position for treatment.
- Install the blanket by aligning the Velcro strips with the tabs on the baby support.
- Lay the baby on his/her back unless the physician orders otherwise.

**Using your equipment:**

1. Remove all of the baby's clothes. If a diaper is recommended, roll down the top of the diaper below the baby's naval to expose the maximum amount of skin.
2. Put the baby on his/her back in the blanket unless the physician tells you otherwise.
3. Put the baby's arms in the sleeves of the blanket.
4. Close blanket and fasten under the baby's chin.
5. Turn the light on by pressing the start/stop switch. When the switch is turned off, the bed is still connected to the power supply. The unit can be switched completely off by unplugging it from the wall outlet.
6. **Caution:** Do not raise the baby's legs or head during phototherapy.
7. Check the baby frequently during phototherapy. If the baby seems too warm, make sure that there is enough room for air to circulate around the bed and that the fan is running on the unit.
8. If the baby is too cold, an additional blanket can be placed on top of the installed blanket.



### **Safety Issues:**

- **Warning:** The phototherapy bed was not designed for use in an incubator. Do not use without a crib or bassinet.
- **Important:** Sufficient air must circulate around the phototherapy bed. Make sure that there is enough space to fit the width of a regular pencil or pen around the bed.

### **Maintenance:**

- Unplug the unit from the wall.
- Wipe surfaces with a damp cloth.
- **Important:** Do not use cleaning solutions such as appliance disinfectants, which use formaldehyde.
- If you are using disposable blankets, discard after 24 hours or if it becomes soiled.
- If you are using a cloth blanket, wash in the washing machine in hot water, then tumble dry on the low cycle.
- If the Velcro fasteners are not adhering well, use a new blanket.

**Please contact your equipment provider for any questions, adjustments, or repairs.**

Your Local Provider:



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