



## *Over-Bed Table*

Model #: \_\_\_\_\_  
Serial #: \_\_\_\_\_  
Date: \_\_\_\_\_

Provider Name: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
Contact Person: \_\_\_\_\_

### **Setting up your equipment:**

- Your equipment provider will fully assemble your over-bed table.
- All users of this equipment should understand how to use the equipment properly. Your delivery technician will provide a demonstration.

### **Using your equipment:**

- Weight limit – Place no more than 20 lbs. on an over-bed table.
- Over-bed tables are intended for use with hospital-type beds in the home.
- Typical uses include:
  - To hold food while eating
  - Personal care item storage
  - To support activities of daily living
  - Aid in bedside bathing procedures
- Initial Adjustments  
Adjust height:
  - Locate the release handle under the tabletop (Usually at one short edge).
  - Engage the handle with one hand while using the other hand to guide tabletop to the desired height.
  - Release handle to lock tabletop into position.
  - Gently press downward on the tabletop to ensure it is locked before usage.
  - Roll table into position for usage.For Tilt Models:
  - Remove any items on the tabletop.
  - Adjust height as described above.
  - Engage tilt.



**Frequent replacement items:**

- If any part becomes loose or broken, notify your equipment provider immediately.

**Maintenance:**

- Periodically clean the table with warm water and a soft cloth.  
The following cleaning agents are acceptable:
  - dishwashing detergent (rinsing required)
  - mild disinfectant
  - bleach (1part bleach to 10 parts water)
- If casters begin to squeak, lubricate them with a household spray such as WD 40.



**Safety Issues:**

- Be sure adjustable parts are locked and secure before use.
- Keep hands and feet (or any body parts) away from moving parts
- No items in excess of 20 lbs. should be placed on the table.
- Do not sit or lean on the table.
- Do not use the overbed table to support patient weight or to assist in patient transport.

**Please contact your equipment provider for any questions, adjustments, or repairs.**

Your local provider:



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