



BASIC LESSONS  
FOR UNDERSTANDING  
EQUIPMENT



**Alternating Pressure Mattress**

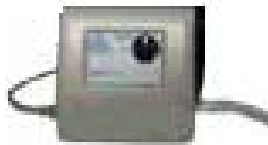
**Low Air Loss Mattress**

Model #: \_\_\_\_\_  
Serial #: \_\_\_\_\_  
Date: \_\_\_\_\_

Provider Name: \_\_\_\_\_  
Phone #: \_\_\_\_\_  
Contact Person: \_\_\_\_\_

**Setting up your equipment:**

1. Remove mattress from bed frame.
2. Place low air loss mattress on bed frame and attach using the straps. Make sure that the air tubing exits the mattress at the foot of the bed.
3. Hang the blower unit from the footboard. If there is no footboard on the bed, place the unit on a flat surface near the foot of the bed. Make sure that located so as not to be a tripping hazard.
4. Connect the tubing from the mattress to the blower unit.
5. Make sure that the hose is connected securely, that there are no kinks in the hose and that the hose is not tucked under the mattress.
6. Install mattress cover.
7. Plug the blower into to a 120V grounded outlet.
8. Press the power button. Allow a few minutes for full inflation. Make sure that the mattress is inflated to Maximum if the patient is to be transferred after inflation.
9. Adjust firmness for patient comfort. Check to make sure that the patient is not bottoming out on the mattress. There should be a minimum of 1” clearance below the patient’s pelvic region.
10. Keep unit on at all times when patient is on the mattress.



**Using your equipment:**

1. Inflate mattress to maximum pressure. Reduce pressure gradually for patient comfort, making sure that the patient does not bottom out. There should be a minimum of 1” clearance below the patient’s pelvic region.
2. Inflate mattress to “Maximum” before transferring the patient.
3. Check manufacturers instructions for rapid deflation to administer CPR.



**Safety Issues:**

- Do not spill food or liquids into the blower unit. If a spillage does occur, turn off the unit, disconnect power cord and allow at least 24 hours for drying.
- Do not insert items into any openings of the blower unit.
- Do not block the blower intake. Keep it away from heat sources.
- Do not place items on the electric cord and make sure that it is not located where it could be a tripping hazard.
- Do not leave the patient unsupervised with the bedrails in the down position.
- Make sure that bed rail gaps and potential entrapment hazards of the patients head or body are adequately reduced.
- Keep away from smoking materials or open flame.
- If linens are used, do not pull linens too tight over mattress. This can cause “hammocking” and reduce the effectiveness of the therapy.

**Maintenance:**

- **WARNING:** Disconnect the power cord from the outlet before attempting to clean the blower unit.
- Wipe dust off of the blower unit. If necessary, use a disinfectant solution or a mild detergent with a damp cloth, then wipe dry.
- The mattress itself may be wiped down with a disinfectant solution or a mild detergent and a damp cloth. Wipe dry before making the bed.
- Mattress cover can generally be laundered with the “gentle” cycle of the washing machine weekly or as required for patient hygiene. Dry on the “fluff” cycle.
- Verify that the mattress cover is completely dry before placing it under the patient.
- Clean blower filter with soap and water at least once a month (if equipped).

**Please contact your equipment provider for any questions, adjustments, or repairs.**

Your Local Provider:

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